

HEALTHCARE QUESTIONNAIRE

Date: _____

Name: _____ Civic reg. no: _____

Home tel./mobile: _____ Work tel./mobile: _____

Home adress: _____ Profession: _____

Married
 Partner
 Live apart
 Single

 Children Yes No

Your health assessment includes a consultation with a physician during which he/she will review this questionnaire, do a physical examination and go through your test results. Your replies will be kept strictly confidential. This questionnaire is intended solely as an aid in your health assessment.

Family medical history (e.g. heart infarction, stroke, diabetes, thyroid disease, colon cancer, glaucoma):

Your current and previous medical conditions/operations:

Allergy? No Yes, allergic against: _____

I feel healthy Yes No

Current medication, contraceptives, supplements:

Varied diet Diet restrictions: _____

Physical activity, number of times per week _____ Activity type _____

Smoking Never Quit year _____ Smoking, cigarettes per day _____

Other nicotine use No Yes, this (e.g. snuff, gum) _____

Alcohol Never Yes, this many units per week:

| | | |
|--------------|--------------|----------------------------------|
| Wine (15 cl) | Beer (33 cl) | Spirit drinks (4 cl) e.g. whisky |
| Units: | Units: | Units: |

Private health insurance No Yes, insured by this provider: _____